## WHAT IS CLAIMED IS:

1. A honing method grinding an inner surface of a cylinder of a workpiece carried on a machining line by rotating a honing head having hones while axially moving the honing head, comprising the steps of:

grinding the inner surface of the cylinder of the workpiece on a coarse honing section,

leaving the cylinder on an idling section for a predetermined time without inserting the honing head into the cylinder, and

grinding the inner surface of the cylinder of the workpiece on a finishing honing section,

wherein the honing head on the coarse honing section is rotated in a reverse direction to a rotational direction of the honing head on the finishing honing section, thereby grinding the inner surface of the cylinder of the workpiece.

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- 2. The honing method according to claim 1, wherein a coolant is supplied to the workpiece on the idling section.
- 3. The honing method according to claim 2, wherein the coolant is set equal in temperature to coolants used on the coarse honing section and the finishing honing section.
  - 4. The honing method according to claim 1, wherein time for which the workpiece is left as it is on the idling section is at least 30 seconds.

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5. The honing method according to claim 2, wherein time for which the workpiece is left as it is on the idling section is at least 30 seconds.

- 6. The honing method according to claim 3, wherein time for which the workpiece is left as it is on the idling section is at least 30 seconds.
- 7. A honing apparatus grinding an inner surface of a cylinder of a workpiece that is carried on a machining line by rotating a honing head having hones while axially moving the honing head, the honing apparatus comprising:
- a section of a coarse honing step and a section of a finishing honing step provided on the machining line; and
  - a section of an idling step for leaving the workpiece, which has been subjected to the coarse honing step, as it is for a predetermined time without inserting the honing head into the cylinder,

wherein the idling section is provided between the coarse honing step section and the finishing honing step section; and

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wherein a rotational direction of the honing head in the finishing honing step is reverse to a rotational direction of the honing head in the coarse honing step.

- 8. A honing apparatus for grinding an inner surface of a cylinder of a workpiece carried on a machining line by rotating a honing head having hones while axially moving the honing head, the honing apparatus comprising:
- a coarse honing means for grinding the inner surface of the cylinder of the workpiece on the machining line;
  - a finishing honing means for grinding the inner surface of the cylinder of the workpiece on the machining line; and

an idling means on the machining line for leaving the workpiece which has been subjected to the coarse honing step, as it is for a predetermined time without inserting the honing head into the cylinder,

wherein the idling means is provided between the coarse honing means and the finishing means; and

wherein a rotational direction of the honing head in the finishing honing means is reverse to a rotational direction of the honing head in the coarse honing means.

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